



Leg 1 - Brotherswater to Kirkstone 4.5 miles - 2848 ft ascent
Start - Sykeside Camping Park
 1. Large pile of stones
 2. Red Screens, small tarn NE side
 Takeover point Kirkstone Car Park

Leg 3 - Hartsop to Patterdale Playing Fields 4.5miles-1450ft ascent
Start Hartsop Sheep Pens
 1.Path/Stream junction
 2. Angle Tarn-east peninsula (manned)
 Takeover point Patterdale Playing Fields

Leg 2 - Kirkstone to Hartsop 7.5 miles 1980ft ascent
Start - Kirkstone Car Park
 1.Caim, south end Ravens Edge
 2.Caudale Moor, small tarn south side
 3.High Street, summit cairn (manned)
 4.The Knott, summit
 Takeover point Hartsop sheep pens

Leg 4 - Patterdale Playing Field to Sykeside 7.5miles - 3130ft ascent
Start Patterdale Playing Fields
 1. Stile over wall, Thornhow End(manned)
 2.Summit St. Sunday Crag
 3. Hart Crag (manned)
 Finish Sykeside Camping Park