

Clayton-le-Moors Harriers

presents

The Half Tour of Pendle

Saturday 6th March 2010 11:00am Barley Village Hall GR822402

9 miles/2250 ft NS/LK

Entries £2.50 by 1st March Limit 300 Age over 18 years

From the start the route is marked to the Fellgate at Buttock (**GR807401**). Head N uphill to **CP1** - a gate in wall (**GR805418**) approx. 400m past the summit. Do not cross the wall. Instead turn left and head SW to **CP2** above a disused quarry at the Nick O' Pendle (**GR773385**). Head E to **CP3**, a gate by Churn Clough Reservoir (**GR787385**). Climb NE onto Spence Moor, cross the top and descent steeply into Ogden Clough to **CP4**, a stile in wall (**GR802397**). Climb NE along wall to right to the Fellgate at Buttock. Head E along marked route across fields to the finish at Village Hall.

The course is not considered suitable for novices in bad weather.

Runners **must** carry the following:-

- Windproof whole body cover
- Map (provided), compass and whistle

A kit check will be carried out prior to the start.

Any runners retiring should report to Race Control.

Please park with consideration for the locals.

Half Tour of Pendle - Registration Form

Full Name _____ Car Reg. No. _____

Address _____ Phone No. _____

_____ Club _____

Category (please indicate) Male V40 V50 V60 V70
Female V40 V50 V60 V70

I understand that this race is held in accordance with the rules and safety requirements of the FRA. I am aware of the organiser's information and stipulations and I accept that any injury occurring to me during the course of the race is in no way the responsibility of the race organiser. I am over 18 years of age and I enclose a cheque for £2.50 payable to "Half Tour of Pendle".

Signed _____ Date _____

Entries to Barrie Walmsley, Twynham Whinney Lane, Langho, Blackburn BB6 8DQ