

The "TOUR of PENDLE" Fell Race from Barley Near Burnley.

Saturday 13th. November 2010 at 10:30 a.m. 16.8 miles : 4830 ft.

REGISTRATION

At Barley Village Hall. The START & FINISH of the race is in Barley Village (g.r. 823403), it visits checkpoints (C.P.) 1 to 11 before returning to the finish. Checkpoints are;

C.P.1: (g.r. 795417 <i>New 2009</i>)	C.P.5: (g.r. 772394)	C.P.9: (g.r. 807424)
C.P.2: (g.r. 773384)	C.P.6: (g.r. 782404)	C.P.10: (g.r. 804414)
C.P.3: (g.r. 786385)	C.P.7: (g.r. 783413)	C.P.11: (g.r. 801397)
C.P.4: (g.r. 801397)	C.P.8: (g.r. 789414)	

Please Note: From C.P. 8 to 9 you must cross the wall **using the stile** (g.r. 795418).

Equipment you MUST carry.

All runners must carry the minimum safety equipment and clothing as laid down under F.R.A. rules. The minimum you must carry is: windproof whole body cover, plus other cover appropriate for the weather conditions expected on the day, map of course, compass, whistle and emergency food, **BRING IT WITH YOU**. This is a category "A - Long" race, it is **NOT** suitable for **NOVICES**. **There will be a cut-off time at check point 4**, anyone not arriving by 12:30pm will be retired and directed back to Barley Village Hall by the check point Marshall.

ENTRIES.

To be received no later than 10th. Nov. 2010 and sent to: Kieran Carr, Oakdene, Whalley Rd., Billington, Clitheroe, Lancs., BB7 9LG. Tel.: 01254 822618. Entry fee £5.00. Payable to K.F.Carr. e-mail: kieran.carr@yahoo.co.uk **£ 15:00 to enter on day.**

"TOUR OF PENDLE" REGISTRATION FORM.

Name..... Age..... Club.....

Address.....

Phone No..... Vehicle Reg Category (Circle Below):

Male: V40 V45 V50 V55 V60 V65 V70. Female: LV40 LV45 LV50 LV55 LV60.

I understand that this race is held in accordance with the rules and safety requirements of the F.R.A., I am aware of the organiser's information and stipulations and I accept that any injury occurring to me during the course of the race is in no way the responsibility of the race organiser. I am over 18 years of age.

Signed Date