

Clayton le Moors Harriers

Rules for awards

Introduction

The club has two types of competition: Championships (to determine the best runners in the club) and Palladium (to reward members for competing in many races).

There are a total of seven competitions: Fell Championship; Road Championship; Cross Country Championship; Overall Championship; Fell Palladium; Road Palladium; Cross Country Palladium. Each competition has a separate Men's and Ladies' section.

This document records the rules for club awards in each competition.

Qualification

1. To be considered for an award a member must have completed the competition concerned.
2. All 3 individual discipline championship races are required to complete the overall Championship competition.
3. A minimum of 6 races is required to complete each Palladium competition.

Senior Competition

1. The Senior Competition is open to all members irrespective of age.
2. 3 awards are available to be won.

Under 20, Under 23 and Veteran Competitions

3. Ten year veteran age categories are available, starting at age 40 (excepting the Ladies' Road and Cross Country which start at age 35).
4. The number of awards available to be won is determined by the number of members completing the competition in each age category. Each member can count only once and that is in the member's (oldest for veterans; youngest for U20/U23) age category. Then for the age category concerned: 1, 2 or 3 members completing will allow 1 award to be won; 4 or 5 members completing will allow 2 awards to be won; and 6 or more members completing will allow 3 awards to be won.
5. A veteran member is eligible to win awards in their own age category and all younger veteran age categories.
6. An Under 20 member is eligible to win awards in the Under 20 category and also the Under 23 category.

Agreed at committee
2nd February 2009. Amended January 2011